

Annual Sports Report for the Year 2020-2021

The Year 2020-21 is not considered to be a Great Sports Women performance as we have seen yesterday, but today we love to be a great Athlete. Tomorrow & Always as the performance has been effective against the deadly virus, kept all of us on toes and Standstill the participation for Olympic.

This year we still have a great impact on sports by calling the players for direct open selections in State & National level, though there was a high impact on International participation around the corner it was quite partial. Students of St. Francis have shown the gateway of threshold with blazing performance and whereas three of our top International sports women of Francis made it to World University Games to represent Indian Universities in Tennis to be held at Wuhan, China.

T.Shreya of B.Com Final year, Sravya Shivani of B.A III year and Sama Sathwika of B.A Final Year both made it beyond the expectations in selections held at Jain University, Bangalore. In other news Srivalli Rashmika of B.Com 2nd year became the new National Champion clearing all hurdles and achieving a great feat.

From 24th March 2020, since the lockdown started due to coronavirus pandemic. As our Country declared Nation wide lockdown and ban on total activities in sports by the GOI orders, which was implemented all over the country, this effected the total Sports activities in the country to shut down on Institutions/ Universities.

Hence all the Institutions have been asked to take online classes and the activities has been organised on webinars & FITNESS during this pandemic.

The following players of International level, having their own coaches training them in fitness & performances during this pandemic to achieve a great height in the coming days. Once when the activity commences according to GOI which told to resume the sports events and activities from 1st Feb, 2021.

The International events were granted permission by the GOI after the lockdown which was lifted into different phases by following the guidelines of the GOI open up with Tennis in the country for participating & preparing the activities for higher level tournaments on 25th Oct, 2020.

Players from St. Francis college were actively participating in the International event of Tennis by Sama Sathvika of B.A III, Srivalli Rashmika of B.Com II, Nidhitra Rajamohan of B.Sc II, T. Shreya of B.Com III, Sivanuja of BA III, Gulras of BA II, Likhita Kalava of BA I & Snigdha of B.COM I who participated in the Egypt Tournament in the month of Oct- Nov, 2020 for WTA ranking and 15000\$ tournament. And all these players have participated in the last week of

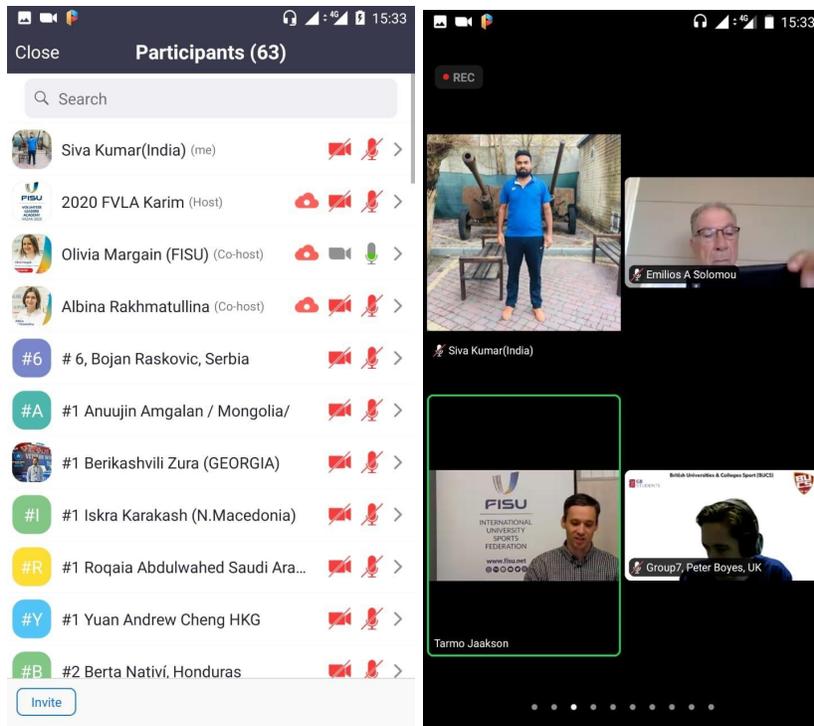
January,2021 in WTA 15000\$ ranking are continuing regularly under training with their respective domestic coaches cum International coaches atvarious centers.

The following is the report of Total Number of disciplines represented by the Sports women of St. Francis College during the year 2020-21 in the International, National & State level, and they have attended the Webinars at National and International Level.

P. Vaishnavi of B.A III& Padma Priya of B.Sc III participated in the International Handball Conference during the lockdown pandemic. Certificates are enclosed.



The International University Sport Federation Organized the 2020 FISU Volunteer Leaders Academy from June-September 2020. The students Ms. Vaishnavi Puvvada (class of 2021- B.A MLP - 121318010019) and Ms. Padma Priya JVSNSK(class of 2020 - B.Sc. MSCS - 121317044029) completed the comprehensive educational and practical training at the 2020 FVLA. Mr. Siva Kumar, St. Francis Handball Coach took part in the FISU FVLA sessions. The students and coach took active part in participation at the first ever online Academy! The online sessions were highly enlightening and insightful.



National players of St. Francis College for Women created a pandemic awareness Video during the lockdown and practiced at home, seen in this video of their moments to keep themselves fit. Video attached.

<https://drive.google.com/file/d/1-aGYP5wrzR2uQXDgbs-2uty110ulsU-/view?usp=sharing>

Hence all the Institutions have been asked to take online classes and the activities be organize on webinars during this pandemic. Henceforth Department of Physical Education, St. Francis College for women organized the 1st International Webinar on Sports Science on 20th May,2020 in Association with International Federation of Physical Education, Fitness &Sports Science association and Indian Federation of Computer Science in sports(IFPEFSSA), where the Guest speakers for this webinar were Prof. Rajesh Kumar (Principal, Univ. college of Phy Edu) & Prof. LB Laxmi Kanth Rathod (Principal, Nizam College) and from International Dr. Lim Boon Hooi (Malaysia), Prof. Syed Ibrahim & Prof. Kaukab Azeem from Fahad University, Saudi Arabia, Prof. Rosita Ampoyas (philippines)., &One National level Webinar on the Importance of Physical Fitness and impact of Covid-19 on the performance of the players and also the quiz was organized on the same day on 29th Aug,2020, to mark the Birth Anniversary of Major Dhyan Chand ji on the occasion of National Sports Day, International Hockey legend and an Olympian, and the Guest speaker was Mr. Norman Isaac Swaroop(International Basketball Player/Referee). The posters of the above webinars have been attached.

ST. FRANCIS COLLEGE FOR WOMEN
DEPT. OF PHY EDU
IN ASSOCIATION WITH INTERNATIONAL FEDERATION OF PHYSICAL EDUCATION, FITNESS AND SPORTS SCIENCE ASSOCIATION AND INDIAN FEDERATION OF COMPUTER SCIENCE IN SPORTS
ORGANISES
INTERNATIONAL WEBINAR ON SPORTS SCIENCE
20th MAY, 2020 @ 2:00 P.M.
SPEAKERS:
1. DR. LIM BOON HOON, MALAYSIA
2. PROF. ROSITA AMPOYAS HERNANI, PHILIPPINES
3. PROF. HENRY C. DAUT, PHILIPPINES
4. PROF. KAUMTERA WONDAL, ETHIOPIA
5. DR. KAUKAR AZEEM, SAUDI ARABIA
6. PROF. HARRANI, ETHIOPIA
7. DR. C. VEERENDER, INDIA
8. PROF. HAYRI ERTAN, TURKEY
Prof. Rajesh Kumar, Principal, University College of Physical Education, President, IFFESSA
REGISTER BY SENDING MAIL TO rajesh2sports@gmail.com
E-Certificates will be given
Contact: 9885911520 9014193840
created : by AMITA DANIEL

St. Francis College For Women
Begumpet, Hyderabad
Department of Physical Education
National Online Quiz Competition at 11am & Webinar on the Importance of Physical Fitness and Impact of covid-19 on the performance of Players at 4pm
on 29th August, 2020
Commemorating National Sports Day
Speaker:
Norman Swaroop Isaac
Technical Delegate, FIBA
Chairman, Technical Commission, Basketball Federation of India
General Secretary, Telangana Basketball Association and The Hyderabad District Basketball Association.
Joint Secretary, Telangana Olympic Association
Free Registration
E-Certificates will be given to registered candidates
For registration send a mail to amita10.jordan@gmail.com
Pre-registrations
DR. SANDHA MOHYA, PRINCIPAL
DR. SHREYA, VICE PRINCIPAL
CO-ORDINATOR: SYD FAROOQ KAMAL, MOD
DR. ANITA DANIEL, LCC, IN PP
Webinar on Google Meet

Since this Pandemic struck, the students of St. Francis has been representing Senior Nationals in Handball, Throwball, Tennis, Roller Skates, Fencing and few making it into State Volleyball and Handball team as their details of participation are shown with winning in International, National and State level Report.

Sama Sathvika of BA III yr played \$15,000 ITF EVENT in Sharm El Sheikh for 6 weeks and made it to the Semi Finals in Tennis Doubles in the month of October. In January 2021 she played \$ 15,000 in Antalya, Turkey for 4 weeks and made it to the Quarter Finals. In March, 2021 played the University Games and secured 3rd Position. In the same month played AITA 1 LAKH tournament in Bangalore and won both Singles and Doubles Titles.

Srivalli Rashmika of B.Com II year won the Tennis Hard Court National Championship, 2020 from 16th – 21st March, 2021 held at Gurugram, Haryana. She also was Runner-Up in the Open Category Womens Singles MPTA 1+1 Lakh Prize Money Tournament held at Chennai from 8th Feb to 13th Feb, 2021.

Nidhitra Rajmohan of B. Sc 2nd year and T. Shreya Tennis players, both are under training and did not participate in any big tournaments.

K. Anita of B.A III year participated in Yoga Senior State meet which was held online & she secured Bronze Medal. and she got selected to represent for Senior National Championship.

The following is the List of Players from Other Disciplines participated at State and National Level in the Year 2020-2021.

1. The following are the students from Volleyball Senior State Meet.

Volleyball (No Position Secured)

S.No	Name	Roll No	Course & Year	Contact	Tournament Venue & Date
1.	P. Samyuktha	121320054039	B.SC (MECS) I	9440187897	18 TH – 21 ST FEB,2021 KARIMNAGAR
2.	S Niharika	121320001025	BA (HLP) I	8374038892	18 TH – 21 ST FEB,2021 KARIMNAGAR

2. Volleyball Open Invitational 1 day Republic Day tournament was organized at Aadhya Nagar on 26th Jan, 2021. 2 of our players represented for Deccan Defensive team and secured 2nd position.

S.No	Name	Roll No	Course & Year	Contact	Tournament Venue & Date
1.	P. Samyuktha	121320054039	B.SC (MECS) I	9440187897	26 th Jan, 2021 at Aadhya Nagar
2.	S Niharika	121320001025	BA (HLP) I	8374038892	26 th Jan, 2021 at Aadhya Nagar

3. Volleyball Open Invitational 1 day Tournament was organized at St. Francis college for women on the occasion of International Women's Day on 8th March, 2021. The following are the girls.

S.No	Name	Roll No	Course & Year	Contact	Tournament Venue & Date	Position Secured
1.	P Aruna Priya	121320004018	B.A I PLP	9490373113	8 TH March,2021 SFC	Silver
2.	Hanna Rehman	121320010006	BA I MLP	9959759606	8 TH March,2021 SFC	Silver
3.	Likitha Killana	121319008019	BA II EPS	8639420633	8 TH March,2021 SFC	Silver
4.	P. Samyuktha	121320054039	B.Sc I MECS	9440187897	8 TH March,2021 SFC	Silver
5.	Nandini. T	121320051017	B.SC I BTZC	8341760459	8 TH March,2021 SFC	Silver
6.	N. Sai Shrelekha	121319002014	BA II EPP	9100724379	8 TH March,2021 SFC	Silver

7.	S. Nishitha	121320085037	BMS I	6302135199	8 TH March,2021 SFC	Silver
8.	K. Mary Manisha	121320044022	B.SC I MSCS	7032127302	8 TH March,2021 SFC	Silver
9.	V. Ausha	121320054052	B.SC I MECS	7780547485	8 TH March,2021 SFC	Silver
10.	Haritha	121320054014	B.SC I MECS	9010801658	8 TH March,2021 SFC	Silver
11.	Samala Niharika	121320001025	BA I HLP	8374038892	8 TH March,2021 SFC	Silver
12.	Yashitha Kalwani	121320082063	B.COM I IB	7093478987	8 TH March,2021 SFC	Silver
13.	Parikipandla Nischitha Rao	121320044035	B.SC I MSCS	9000275324	8 TH March,2021 SFC	Silver
14.	G. Snigdha	121320061005	B.SC I BCC.CAP	8008857455	8 TH March,2021 SFC	Silver
15.	Muskan	121320061012	B.SC I BCC.CAP	9100430555	8 TH March,2021 SFC	Silver

4. The following are the students from Handball represented for Senior State Meet & Secured 2nd Position.

Handball (2nd position)

S.No	Name	Roll No	Course & Year	Contact	Tournament Venue & Date	Position Secured
1.	MS. Gaytri	121319008020	B.A II EPS	8790098964	6 th to 8 th March at Warangal	Silver
2.	N. Madhavi	121320003014	B.A I HPP	7995540631	6 th to 8 th March at Warangal	Silver
3.	CH. Haritha	121320003004	B.A I HPP	9705668857	6 th to 8 th March at Warangal	Silver
4.	Srihitha Epuru	121319083016	B.COM II H	9000807272	6 th to 8 th March at Warangal	Silver

5. From the State Meet two of our students got selected to represent for the Senior National Handball Championship.

S.No	Name	Roll No	Course & Year	Contact	Tournament Venue & Date
1.	MS. Gaytri	121319008020	B.A II EPS	8790098964	17 th to 21 st March,2021 at Bareilly, Uttar Pradesh
2.	N. Madhavi	121320003014	B.A I HPP	7995540631	17 th to 21 st March,2021 at Bareilly, Uttar Pradesh

6. 8 of our Handball students got selected to represent the Junior State Meet and secured 2nd position.

S. No	Name	Roll No	Course & Year	Contact	Tournament Venue & Date	Position secured
1.	Muskan	BSc BSSAPC	121320061012	9100430555	25 th to 27 th March, '21 at Mahboob Nagar	Silver
2.	YashswiniPulgar	BA PLP	121320004029	6300515258	25 th to 27 th March, '21 at Mahboob Nagar	Silver
3.	Kavya Menon	B.Com A&F	121319081025	8919074779	25 th to 27 th March, '21 at Mahboob Nagar	Silver
4.	M S Gayatri	BA EPS II	121319008020	8990098964	25 th to 27 th March, '21 at Mahboob Nagar	Silver
5.	N Madhavi.	BA HPP.	121320003014	7995540631	25 th to 27 th March, '21 at Mahboob Nagar	Silver
6.	Sri Nidhi Goud	B. Com 3 IB	121318082010	8074683105	25 th to 27 th March, '21 at Mahboob Nagar	Silver
7.	Jasleen kaur	Bcom 3 A&F	121318081034	8008418638	25 th to 27 th March, '21 at Mahboob Nagar	Silver
8.	M Chandana Sai	B.Sc II (Anzc)	121319053006	6304387374	25 th to 27 th March, '21 at Mahboob Nagar	Silver

7. From the State meet One student got selected to represent the Junior National Championship. (No Position Secured).

S.No	Name	Roll No	Course & Yr	Contact	Tournament Venue & Date
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1.	CH. Haritha	121320003004	B.A I HPP	9705668857	31 st March to 5 th April,2021 Kanpur, Uttar Pradesh
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8. The following of our students have been selected to represent Tennis Ball Cricket Championship in the Senior Nationals. (position Not Secured).

Tennis Ball Cricket (No Position)

S.No	Name	Class	Roll no.	Cell no.	Tournament Venue & Date
1	Rajeshwari Nilwar	B.Voc III	121318090033	7989888187	20 th - 23 rd March, 21 Kanyakumari, Tamilnadu
2	Sneha Agarwal	B.Sc (ANBC) II	121319055024	9390465213	20 th - 23 rd March, 21 Kanyakumari, Tamilnadu
3	K Mary Manisha	B.Sc (MSCS) I	121320044022	7032127302	20 th - 23 rd March, 21 Kanyakumari, Tamilnadu
4	DeekshitaOruganti	B.A (MLP) I	121320010014	8919726594	20 th - 23 rd March, 21 Kanyakumari, Tamilnadu
5	SnehithaDharvath	B.A (HPP) I	121320003028	7780527292	20 th - 23 rd March, 21 Kanyakumari, Tamilnadu
6	Ishika Jain	B.Voc I	121320090010	8142972984	20 th - 23 rd March, 21 Kanyakumari, Tamilnadu
7	Hanaa Rehman	B.A MLP I	121320010006	9959759606	20 th - 23 rd March, 21 Kanyakumari, Tamilnadu

9. The following two students have been selected to represent in the Senior Federation Cup Throw ball Tournament from which the Federation cup will be held from the top 8 positions secured in the senior national positions.

Throwball (No Position)

S.No	Name	Roll No	Course & Yr	Contact	Tournament Venue & Date
1.	M. Tanvi	121319008043	BA (EPS)II	8341846774	15 th to 17 th April,2021at Dhanbad, Jharkhand
2.	Malapati Mamatha	121320052026	B.Sc (MPCS) I	9502396345	15 th to 17 th April,2021at Dhanbad, Jharkhand

10. The following student of Roller skater HarjothBagga selected for the Senior National Championship.

Roller Skater (No position)

S.No	Name	Roll No	Course & Yr	Contact	Tournament Venue & Date
1.	HarjothkaurBagga	121318053011	B.Sc III (N)	9885115616	31 st Mar - 11 th Apr, 21 Chandigarh, Mohali

11. K. Anita selected for the Yoga Senior State meet which was held online & secured Bronze Medal and from there on she got selected to represent for Senior National Championship.

Yoga (3rd position secured, Individual)

S.No	Name	Roll No	Course & Year	Contact	Tournament Venue & Date	Individual position secured
1.	K. Anita	121318003019	B.A (HPP)	7569577633	ONLINE	Bronze

Yoga Senior National (No Position)

S.No	Name	Roll No	Course & Year	Contact	Tournament Venue & Date
1.	K. Anita	121318003019	B.A (HPP)	7569577633	24 th - 26 th March, 21 at Nizamabad

As usual the college has plan during this academic year the selection process for preparation of Inter Collegiate competitions, organise by Inter Collegiate tournament committee for women, Osmania University during this academic year. Since after the completion of trials teams were prepared for tournaments and State, National and International level which will benefit these students to keep their fitness level into top performance, but unfortunately due to pandemic the

whole world was suffering due to deadly virus that strikes the entire sports fraternities. but still College management appointed the coaches in different disciplines for students from 21st March, to 21st April, 2021. in increasing their skills and performance in the following Disciplines.

Syed Farooq Kamal	-	Fitness
Amita Daniel	-	Kho Kho
Nayeemuddin	-	Basketball
Siva Kumar	-	Handball
Vijayanand	-	Volleyball
Nagendergoud	-	Table Tennis
Karupannan	-	Badminton

Report by,

Syed Farooq Kamal
HOD, DPE